



**Team Project Portfolio /
Teacher's Guide
2017**

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Introduction

Dear Students and Teachers,

We at UCD are delighted that you are thinking of entering the History and Health Competition 1913-1923.

We know that Transition Year is busy for both teachers and students, and so we put together this document in the hope that it might be useful in planning and executing your project and possibly in contributing to your transition year (TY) portfolios.

It's completely up to you and your team if and how you use this document. The activities and discussion points are suggestions that our team thought could be helpful, but you should adapt them to better suit your needs. The document is in Word format to allow you to edit as desired.

We hope that this material is useful to you and your team, and do feel free to get in touch at any time should you have any queries about the competition.

Best of luck with your entries and enjoy the experience!

The UCD History and Health Competition Team

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Getting Started: Planning for Your Project

Who will your team members be?

Team Member's Names

What aspects of history and/or health most interest your team members? Why? Talk your ideas through and preferences out amongst your team, and make a shortlist of viable options.

- You could draw inspiration from your local or family histories, your favourite books or movies.
- The UCD History and Health website and social media pages have lots of inspiration as well as links to other useful pages.
- You can approach the competition theme from any angle you wish – the main thing is to agree on a topic that's interesting to all team members

Teachers - you could try first having each team member write down any ideas he/she might have, then gather the ideas and discuss as a group. This can help ensure that quieter students have the chance to express their thoughts.

Initial Shortlist

Once your shortlist is decided, it might be a good idea to do some initial research and see what you can come up with. Don't be disheartened if sources initially seem difficult to find – there is plenty out there on most topics once you get going. Check out the Resources on the History and Health Competition website as a starting point.

Following this research, meet again as a team and finalise a topic for your video.

What will your video be about and why?

Working in a Team

Working in any team can have highs and lows. It can be a good idea to spend some time preparing and laying foundations for effective and enjoyable group work in advance. Here are some ideas you might find useful:

1. Set up the Ground Rules

- When and where will you meet?
- What is expected of all team members working on the project (e.g. punctuality, respect, input...)? What will you do if these expectations are not met?

2. Consider Group Roles

- Will you nominate a Captain / Deputy / Video Lead or other roles? Will these roles be fixed for the duration of the project or will they rotate?
- How will you assign tasks e.g. putting together a script / gathering equipment / operating the camera?

3. Consider Team Dynamics

- How will you ensure that everyone's opinion is heard?
- How will you manage any differences of opinion or difficulties that arise?
- What are the different strengths and interests of your team members? What areas are you strong in as a team / will you need to work on to successfully complete the project?

Information Gathering

Now that you have the idea for your video, you will need to find out more about your topic. Independent research in any new area can be difficult – but don't get disheartened if at first the task seems daunting. There are many different places you could look, including (but not limited to):

- **Books**
- **Websites (be sure to check out the competition website!)**
- **Scholarly Journals**
- **Local or National Archives**
- **Newspapers**
- **Historical Societies**
- **Historians and Medical Professionals**

Identify and record the specific sources that you have found most useful and how you came across them:

Your Best Resources

Preparing Your Video

Before filming your video, you will need to decide some important elements about your video.

What element will your video have? Serious or light-hearted? Lively or poignant? Documentary or drama? Almost any approach could work, just make sure you keep the competition aims in mind!

How can you achieve this “feeling”? Through the use of music, filming techniques, or storytelling?

Record how you want your video to “feel” and why this is the best approach for your chosen topic. Describe how you will achieve this in your film

Write down any equipment or resources you will need. Think about which of the following you might need:

- **Filming equipment / specialist techniques (animation)**
- **Editing software (check out the website for ideas!)**
- **Locations**
- **Costumes and props**
- **Time**

How will you secure each of these?

Your Required Equipment and Resources

Story Board / Script

Before you record anything you'll need a firm script and storyboard. Put one together with your team and insert it here.

Reflections

As you progress through your project, consider putting together a reflection every now and again (individually or as a team) – perhaps every fortnight. We would recommend at least conducting a final, personal reflection at the end of the project. You could include:

- What have the highlights been so far and why?
- What challenges have you faced since your last reflection?
- How did / might you overcome them?
- What have you learned so far (knowledge / skills / personal growth)?
- How can the skills and knowledge you gained in this project help you with your future endeavours?
- Did you enjoy working in a group? Why / why not?
- How are history and the present linked?
- How are the sciences and everyday life linked?
- Are there any lessons you think people could learn for the future based on the impact history made on health in the area you studied?